



## HIGH SCHOOL BREAKFAST &amp; LUNCH MENU

February

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Bites or ✔ Grilled Cheese Sandwich	4 Western Burger or ✔ Three Bean Burrito Bowl	<i>Early Release</i> 5 Teriyaki Chicken & Rice with Broccoli or Chicken Potstickers with Broccoli	6 Beef, Chicken, Pork or Beans*✔ Nachos with Cheese Sauce or Baked Pasta Bolognese	7 Chicken Burger or Hot Pesto Turkey & Cheese on Flatbread <i>Dessert</i>
10 Chicken Corn Dog or ✔ Chili with Cornbread & Shredded Cheese	11 Meatball Sandwich or ✔ Stuffed Pasta Shells	12 Arroz Con Pollo or Burrito Beef, Chicken, Pork or Beans*✔	13 Gyros Sandwich or Thai Style Noodles	14 Chicken Burger or Breaded Fish Sticks <i>Baked Cookie</i>
17 	18 Cheeseburger or ✔ Three Bean Burrito Bowl	19 Egg Roll with Rice Chicken or Veggie*✔ or Ethiopian Chicken & Brown Rice	20 ✔ Lasagna or Chicken Noodles Soup with Breadstick	21 Chicken Burger or Hot Deli Ham & Cheese on Flatbread <i>Dessert</i>
24 ✔ Macaroni & Cheese or BBQ Pulled Pork Sandwich	25 Turkey Hot Dog or ✔ Chili with Cornbread & Shredded Cheese	26 Caribbean Jerk Chicken or Yakisoba Noodles	27 Chicken Tamale or ✔ Bean & Cheese Tamale	28 Chicken Burger or Breaded Fish Sticks <i>Baked Cookie</i>

BREAKFAST IS SERVED AT ALL SCHOOLS, EXCEPT: ATHEY CREEK, BOLTON AND STAFFORD

MONDAY BREAKFAST CHOICE OF	TUESDAY BREAKFAST CHOICE OF	WEDNESDAY BREAKFAST CHOICE OF	THURSDAY BREAKFAST CHOICE OF	FRIDAY BREAKFAST CHOICE OF
✔ Assorted Low Sugar Cereal with String Cheese Stick ✔ Assorted Breakfast Bar ✔ Oatmeal Protein Pack ✔ Frudel Fruit, Juice & Milk	✔ Assorted Low Sugar Cereal with String Cheese Stick ✔ Assorted Breakfast Bar ✔ Oatmeal Protein Pack ✔ Mini Pancakes Fruit, Juice & Milk	✔ Assorted Low Sugar Cereal with String Cheese Stick ✔ Assorted Breakfast Bar ✔ Oatmeal Protein Pack ✔ Blueberry Muffin with String Cheese Stick Fruit, Juice & Milk	✔ Assorted Low Sugar Cereal with String Cheese Stick ✔ Assorted Breakfast Bar ✔ Oatmeal Protein Pack ✔ French Toast Sticks Fruit, Juice & Milk	✔ Assorted Low Sugar Cereal with String Cheese Stick ✔ Assorted Breakfast Bar ✔ Oatmeal Protein Pack Pancake Sausage on a Stick Fruit, Juice & Milk

You may qualify for free or reduced price meals.  
Applications are available on our website, at all schools and the Nutrition Services office.

## Lunch Prices

Paid: \$3.45 Reduced: No Charge Adult: \$4  
Milk without full meal: \$.50  
Breakfast \$1.95

View meal account activity and make  
Credit card payments at:  
<https://www.k12paymentcenter.com>  
Checks are accepted at the school  
or kitchen office.

## DAILY OFFERINGS

- Protein Pack and Deli Sandwich Assortment.
- ✔ Peanut Butter & Jelly Sandwich.
- Yoplait Yogurt with String Cheese and Baked Item.
- Pepperoni Bosco Pizza Stick every Monday.
- Roadrunner ✔ Cheese Pizza or Pepperoni Pizza every Tuesday through Friday.
- Choices of variety of Fruits & Vegetables. Juice, 1% White & Non-fat Chocolate Milk.
- Included with all lunches are a Meat or Meat Alternate Entrée, Bread or Grain Item.

"This institution is an equal opportunity provider"

✔ =Vegetarian

Need Assistance?  
Contact Nutrition Services at  
(503) 673-7992  
[linstror@wlwv.k12.or.us](mailto:linstror@wlwv.k12.or.us)

Visit our website!  
<https://www.wlww.k12.or.us/domain/42>  
*Menus subject to change.*